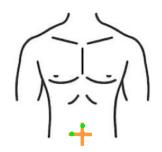
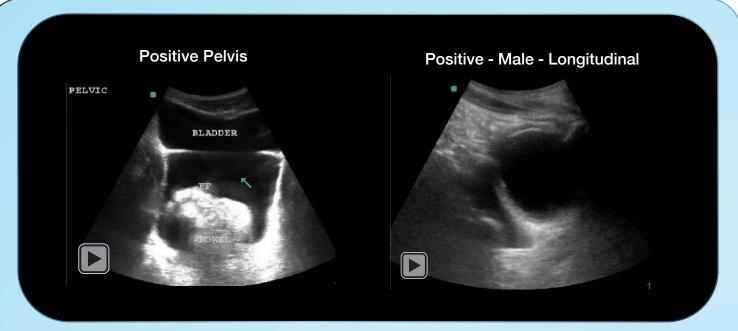


## eFAST: Pelvis





Purpose: To identify intra-peritoneal fluid in blunt

abdominal trauma

**Probe:** Curvilinear or phased-array (Abdo preset)

**Orientation:** Marker to patients right (transverse)

and head (longitudinal)

Anatomic Landmarks: Pubic symphysis

Sono Landmarks: Bladder

**Interpretations:** FF (black) in dependant regions

False Positive: Prostate (in males)

Fluid but not blood

Ascites

Physiological fluid (women)

Bladder rupture

Watch Out!: Delayed presentations can lead to

clotted blood (may appear iso or hyperechoic) that can be a false

negative

**Area of interest:** Men = Rectovesicular pouch

Women = Rectouterine pouch & Pouch of Douglas

**Troubleshooting:** Decrease gain to enhance black (free fluid).

Full bladder best.

Use bladder as a window to see areas of interest if bowel gas is in the way.